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**FOR IMMEDIATE RELEASE**  
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## **CITY OF VICKSBURG AND VIGILANT HEALTH ANNOUNCE SIX MONTH RESULTS**

**Vicksburg, Miss., October 16, 2017** – The City of Vicksburg and Vigilant Health, a Mississippi-based healthcare organization providing integrated employer health management through a personal system of care and shared financial risk, today announced the six-month results of their strategic partnership.

“The City of Vicksburg began its relationship with Vigilant Health to improve health outcomes and create a culture of health and well-being for our employees and their dependents, while being fiscally responsible and reducing our health plan costs,” said The Honorable George Flaggs Jr., mayor of the City of Vicksburg. “In the first six months of our partnership, the program has paid for itself and successfully given more people access to healthcare, including increased utilization of our fine Vicksburg physicians.”

### **Key findings from the report include:**

#### **1. High engagement**

- a. 60.2 percent of employees have become patients.
- b. 43.3 percent of spouses have become patients.

#### **2. High patient satisfaction**

- a. 94.0 percent satisfaction rate.
- b. The average patient is projected to make 4.6 visits a year to the clinic based on current usage.

#### **3. Reduced emergency room (ER) use rate**

- a. Reduced by 12.3 percent, indicating non-emergency cases are being mitigated by clinic usage.

#### **4. Decreased ER costs**

- a. Decreased by 39.9 percent indicating better utilization of the ER for more appropriate reasons.

**5. Increase in total outpatient visits**

- a. Increased by 36 percent (includes all visits – local primary care physicians and clinic).

**6. Reduced cost of outpatient care**

- a. Total reduction of 20.3 percent.
- b. Reduction of 27.4 percent per outpatient visit because of more access to care at better rates.

**7. Projected claims reductions for 2017**

- a. Total - \$610,896.
- b. Through July 2017 - \$356,356.

Vigilant Health provides an offsite clinic, located at One Medical Plaza, population health strategies, data analytics, and an employee health and well-being program, which includes a health coach and patient education for the employees, dependents, and spouses on the City of Vicksburg health plan.

“The Vigilant Health clinical model is clearly transformative,” said Marshall Bouldin, M.D., chief medical officer (CMO) of Vigilant Health. “Our relationship with the City of Vicksburg proves that we can change unhealthy behaviors for the better and instill the importance of health and well-being within a workplace culture. We congratulate the mayor on improving healthcare access for city employees and serving his constituents by decreasing health plan costs.”

**About Vigilant Health**

Vigilant Health transforms employer health management through its model of integrated care and shared savings. By seamlessly integrating onsite and near site clinics, vigorous health education and lifestyle management programs, data registries, individual care management, chronic disease management, and local physician collaboration through shared information and savings, Vigilant Health achieves immediate results, dramatically reducing health plan costs, and improving the health and productivity of employees.

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